

New Year's resolutions

By Staff Writers *Ti-Ying Li, Vidhi Bhakta, Faith Lungu & Ishmita Shrestha*

"My New Year's resolution was to improve my mental health, managing my thoughts to better my anxiety and depression. I did achieve that goal. Next year, I hope to surround myself with people who support me and challenge me to improve myself."



Carlos Islas



Lubna Merchant

"[During 2023] it was losing a lot of weight, and I was kind of successful. [In 2024] I'm trying to transfer to a different university. So just finishing up all my prerequisites first, and maintaining the weight I lost."

"I would say be more intentional about keeping up with people. And maintaining the relationships that I have. It's very easy for me to ghost people or not talk to them."



Christian Jábo Mpuhwe



Pedro Ruiz

"I did not [have resolutions] because I think if you're going commit to something, why wait till New Years ... my short term goal is to make a movie or a short film."

"My goal was to be social and make new friends. I feel like I was able to complete it and feel good about my studies. For 2024 ... I want to get back to playing sports ... and focus on doing well or do even better on my education."



Raiden Dsouza



Sanou Csy

"My new year's resolution this year was to be more involved in school activities and increase my grades. I joined SGA. My next year's one is to have a better grade, do more volunteering and give back to the school and the community."

"My goal for this year [2023] was to focus on school, have more healthy habits, and maybe learn a new language. I didn't really fulfill those goals ... They will be the same [for 2024] ... I learned from my mistakes."



Bertin Bihizi



Aaron Rocha

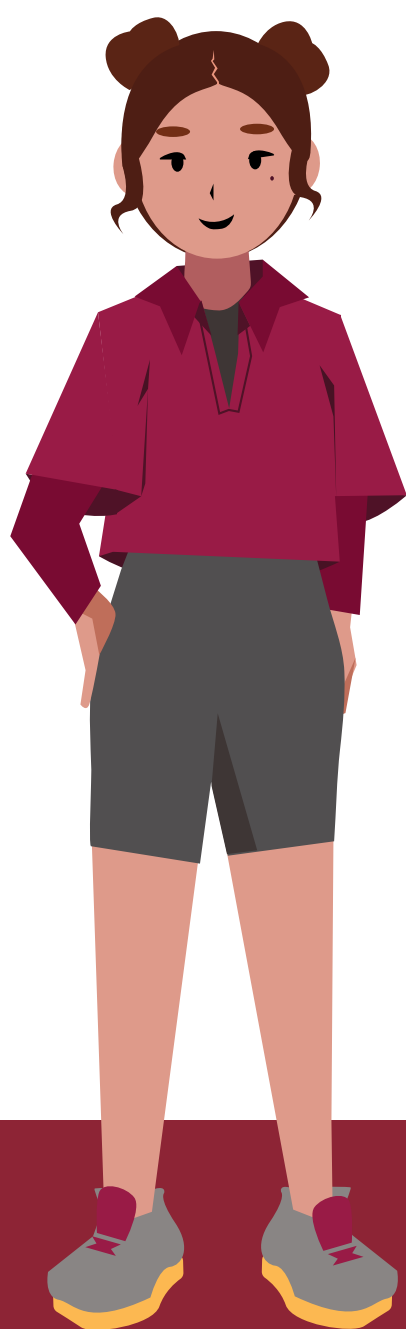
"I didn't necessarily have a resolution [in 2023], but I definitely had in mind that I wanted to pursue art more ... that's why this year I'm in my studio art classes with painting and ceramics. I really like what I've done this year ... In 2024 I'd like to go even further with my pursuit of art."

Layout | *Joanna Mikolajczak*



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Cartoon | *Ti-Ying Li & Ireana Nevels*



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